


Welcome to the DMH
24th Annual
Restraint/Seclusion
Prevention Provider
Forum!

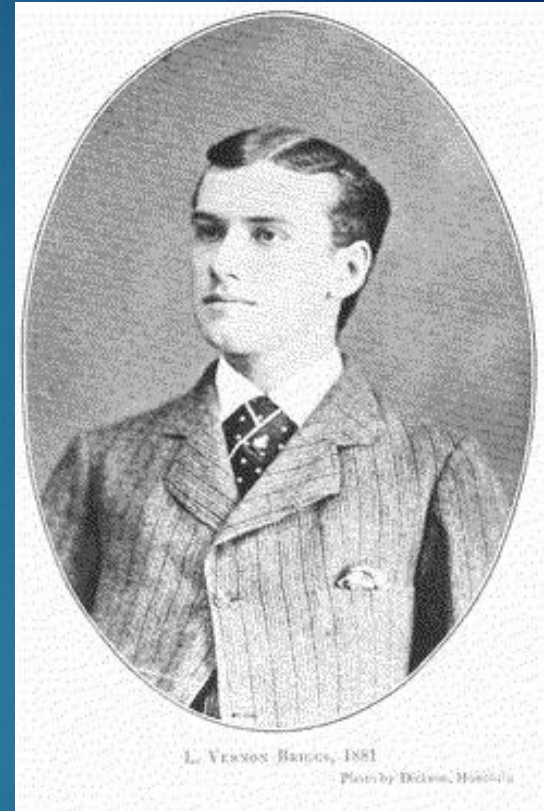
WE ARE GLAD YOU ARE HERE



*You don't know where
you're going
until you know where
you've been.*

- ABRAHAM LINCOLN

“In two of our best hospitals no restraint has been used for 10 years or more ... while general hospitals are only too ready to throw patients into restraint.”



Dr. L. Vernon Briggs (April 11, 1911)

Address to the MA Legislature

Northampton State Hospital Lead the Way



Main Building 1858 - 1993

“...we have not used any restraint for ten years, nor do we make any use whatever of hypnotics, not even the bromides...”

Dr. John A. Houston, Superintendent (1910)

Danvers State Hospital Lead the Way



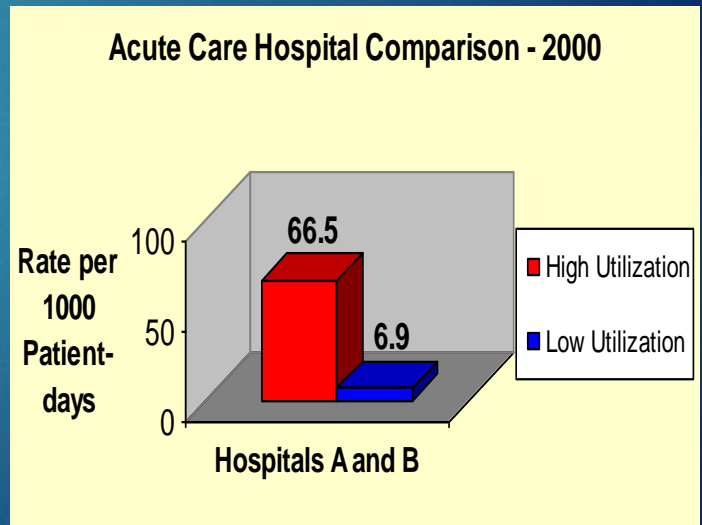
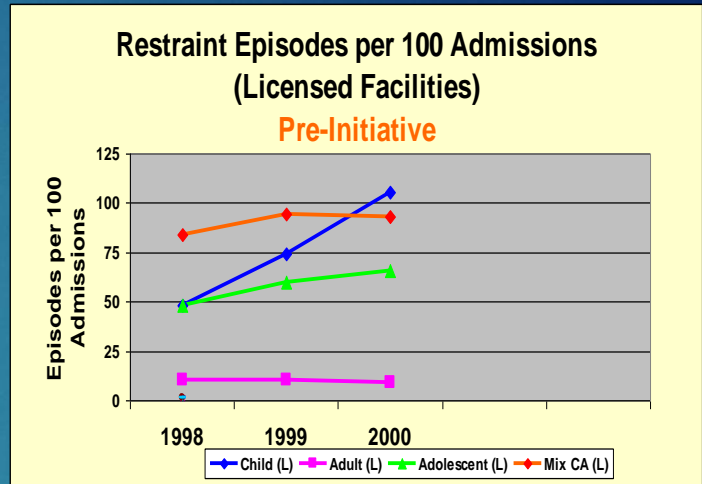
Kirkbride Building 1878 -1992

“I am aware that many persons regard non-restraint in lunatic hospitals as a fad of enthusiasts. I often hear this subject discussed with such indifference that it is proper to explain why restraint is abolished at Danvers.”

Dr. Charles W. Page, Superintendent (1907)

In 2000


- ▶ Restraint use with kids increasing each year
- ▶ Population discrepancies (4 -17x)
- ▶ Systemic discrepancies



In 2024

Episodes per 1000 pt. days

▶ Geriatric: Licensee	2.660	
▶ Adults: Licensee	9.69	State 9.10
▶ Adol: Licensee	24.2	State 46.6
▶ C/A: Licensee	42.49	State N/A
▶ Child: Licensee	95.5	State N/A
▶ Comb.: Licensee	250.9	State 55.7



***“Restraint and seclusion are
horrific to experience, horrific
to watch, and horrific to do
nothing about.”***

- JOY DUXBURY, LEADING UK RESEARCHER, 2014

A New Tool

- ▶ Trauma Informed Yoga – an EBP

“Starting the day with community meeting, doing simple yoga moves with staff and persons served, and setting a positive intention was like putting Ativan in the air supply!”

- Moe Lord, Nurse Leader,
Anna Jaques Hospital



Welcome &
Thank you,
Jenn!